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CERTIFICATE OF MANAGE: I heresis certify that this correspondence is being deposited with the United States Postal Service as first class mail in an English addressed to Mail Stop Amendments, P.O. Box 1450, Alexandria, Virginia 22313-1450 on:

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By Mashers

Attorney Docket Number: 520-24-003

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Application of:

Richard Malchar

Serial No: 10/658,615

Examiner: L. Amerson

Filed: September 9, 2003

Art Unit: 3764

For: An Abdominal And Torso Strengthening Apparatus

REQUEST FOR A ONE-MONTH EXTENSION OF TIME

Mail Stop Amendment Commissioner for Patents P.O. Box 1450 Alexandria, VA 22313-1450

Dear Sir:

In accordance with Rule 1.136, the Applicant respectfully petitions the Commissioner for a three-month extension of time extending the period for response to the Office Action dated September 21, 2004, to *January 21, 2005*. A check in the amount of \$60.00 is enclosed for the one-month extension of time.)

Date: January 20, 2005

Louis A. Mok

Respectfully

Registration No. 22,585

submitted.

LAM/mas Enclosures

KOPPEL, JACOBS, PATRICK & HEYBL 555 St. Charles Drive, Suite 107 Thousand Oaks, California, 91360 Telephone: (805) 373-0060

Facsimile: (805) 373-1500

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